



28 May 2010

**Heritage Oil Plc
(the "Company")**

Annual Information Update

Heritage Oil Plc, an independent upstream exploration and production company, in accordance with Prospectus Rule 5.2, gives notice that the following information has been published or made available to the public over the previous twelve months.

1. Regulatory Announcements

The following regulatory announcements have been made by the Company via RNS, a Regulatory Information Service.

Date of Announcement	Regulatory Headline
19 May 2010	Notice of Annual General Meeting
18 May 2010	Interim Management Statement
10 May 2010	Block Listing Six Monthly Return
30 April 2010	Annual Financial Report
27 April 2010	Notice of Results
7 April 2010	Announcement re: Miran West-2
7 April 2010	Announcement re: Ugandan government
8 February 2010	Update on Proposed Disposal
26 January 2010	Result of General Meeting
18 January 2010	Update on Proposed Disposal
5 January 2010	Total Voting Rights
31 December 2009	Notice of Results of Bondholder Meeting
23 December 2009	Amended Notice of Bondholder Meeting
21 December 2009	Heritage issues Circular
18 December 2009	Heritage enters into a Sale and Purchase Agreement
16 December 2009	Holding(s) in Company
9 December 2009	Notice of Bondholder Meeting
26 November 2009	Drilling commences on Miran West
23 November 2009	Letter of Intent to sell Ugandan interests
17 November 2009	Interim Management Statement
10 November 2009	Block Listing Interim Review
19 October 2009	Updates re: Taq Taq and Proposed Acquisition
9 October 2009	Holding(s) in Company
5 October 2009	Total Voting Rights
5 October 2009	Information re: Taq Taq Licence

Date of Announcement	Regulatory Headline
28 August 2009	Half Yearly Report
20 August 2009	Notice of Results
17 August 2009	Kurdistan Drilling Update
4 August 2009	Total Voting Rights
4 August 2009	Re: Proposed Acquisition
20 July 2009	Holding(s) in Company
3 July 2009	Total Voting Rights
29 June 2009	Director/PDMR Shareholding
26 June 2009	Director/PDMR Shareholding
24 June 2009	Holding(s) in Company
19 June 2009	Holding(s) in Company
19 June 2009	Result of AGM
18 June 2009	AGM Statement
15 June 2009	Successful Placing
15 June 2009	Placing Announcement
9 June 2009	Restoration - Heritage Oil
9 June 2009	Analyst Conference Calls
9 June 2009	Memorandum of Understanding with Genel Energy
3 June 2009	Dealing Disclosure Requirement
3 June 2009	Temporary Suspension
3 June 2009	Temporary Suspension
2 June 2009	Total Voting Rights

Copies of the documents published via RNS may be obtained from the Regulatory News Service provided by the London Stock Exchange (www.londonstockexchange.com/rns) market news under code HOIL and also at the Company's website at www.heritageoilplc.com.

2. Information filed at Jersey Financial Services Commission Companies Registry

The following documents have been filed with the Jersey Financial Services Commission.

Date	Name
24 March 2010	Special Resolution
26 February 2010	Annual Return 2010
24 July 2009	Public Company Accounts Y.E. 08
18 June 2009	Change in Name
16 June 2009	Public Company Prospectus
15 June 2009	Public Company Prospectus
11 June 2009	Registrars Consent

Copies of the documents listed above can be obtained from the Registrar of Companies, Jersey Financial Services Commission, PO Box 267, 14-18 Castle Street, St Helier, JE4 8TP, Jersey, Channel Islands.

3. Documents submitted to the UK Listing Authority Viewing Facilities:

The following documents have been submitted to the UK Listing Authority Viewing Facilities on or around the dates indicated.

Date	Name
19 May 2010	Notice of Annual General Meeting 2010
30 April 2010	2009 Annual Report and Accounts
21 December 2009	Circular relating to the Proposed Disposal of the Entire Interest in Block 1 and Block 3A in Uganda and Notice of General Meeting

Copies of these documents may be viewed at the Document Viewing facilities of the UK Listing Authority at 25 The North Colonnade, Canary Wharf, London E14 5HS.

4. Documents sent to shareholders

The following documents have been sent to the Company's shareholders on or around the dates indicated.

Date	Name
19 May 2010	Notice of Annual General Meeting 2010
30 April 2010	2009 Annual Report and Accounts and Corporate Social Responsibility Report
21 December 2009	Circular relating to the Proposed Disposal of the Entire Interest in Block 1 and Block 3A in Uganda and Notice of General Meeting

Copies of this Annual Information Update and the above documents may be obtained from the Company Secretary at Woodbourne Secretaries (Jersey) Limited, Ordnance House, 31 Pier Road, St Helier, JE4 8PW, Jersey, Channel Islands and from the Company's website at www.heritageoilplc.com.

The information referred to in this update was current at the time of publication but some information may now be out of date. The Company does not undertake any obligation to update any such information in the future. No representation is made to the accuracy or completeness of such information and neither this Annual Information Update, nor the information referred to above, constitutes an offer of any securities nor a recommendation in respect of any securities.

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For further information please contact:

Heritage Oil Plc

Tony Buckingham, CEO / Paul Atherton, CFO

+44 (0) 1534 835 400

Email: info@heritageoilplc.com

Heritage Oil Plc– Investor Relations

Tanya Clarke

+44 (0) 20 7518 0838

tanya.clarke@heritageoilplc.com

Pelham Bell Pottinger – PR - Europe

Nick Lambert / Duncan Mayall

+44 (0) 20 7861 3936 / +44 (0) 20 7861 3888

NLambert@pelhambellpottinger.co.uk / DMayall@pelhambellpottinger.co.uk

CHF Investor Relations – Investor Relations - Canada

Cathy Hume / Jeanny So

+1 416 868 1079 x231 / x225

cathy@chfir.com / jeanny@chfir.com

Notes to Editors

- Heritage is listed on the Main Market of the London Stock Exchange and is a constituent of the FTSE 250 Index. The trading symbol is HOIL. Heritage has a further listing on the Toronto Stock Exchange (TSX: HOC).
- Heritage is an independent upstream exploration and production company engaged in the exploration for, and the development, production and acquisition of, oil and gas in its core areas of Africa, the Middle East and Russia.
- Heritage has a producing property in Russia and exploration projects in Uganda, the Kurdistan Region of Iraq, the Democratic Republic of Congo, Malta, Pakistan, Tanzania and Mali.
- For further information please refer to our website, **www.heritageoilplc.com**