

13 August 2010

**Heritage Oil Plc**  
**(the "Company")**  
**Holding(s) in Company**

TR-1: NOTIFICATION OF MAJOR INTERESTS IN SHARES

1. Identity of the issuer or the underlying issuer of existing shares to which voting rights are attached:

Heritage Oil Plc Ord NPV

2. Reason for the notification:

An acquisition or disposal of voting rights

3. Full name of person(s) subject to the notification obligation:

London & Capital Satellites SPC

4. Full name of shareholder(s) (if different from 3):

BNP Paribas Securities Nominees Ltd. a/c LCAM

5. Date of the transaction (and date on which the threshold is crossed or reached if different) (v):

11 August 2010

6. Date on which issuer notified:

12 August 2010

7. Threshold(s) that is/are crossed or reached:

Below 3.0%

8. Notified details:

<b>A: Voting rights attached to shares</b>							
Class/type of shares if possible using the ISIN CODE	Situation previous to the triggering transaction		Resulting situation after the triggering transaction				
	Number of Shares	Number of Voting Rights	Number of shares	Number of voting rights		% of voting rights	
			Direct	Direct	Indirect	Direct	Indirect
<b>JE00B2Q4TN56</b>	<b>8,777,325</b>	<b>8,777,325</b>				<b>Below 3%</b>	

B: Financial Instruments

Resulting situation after the triggering transaction

Type of financial instrument	Expiration date	Exercise/ Conversion Period/ Date	Number of voting rights that may be acquired if the instrument is exercised/ converted.	% of voting rights
n/a	n/a	n/a	n/a	n/a

Total (A+B)	
Number of voting rights	% of voting rights

9. Chain of controlled undertakings through which the voting rights and/or the financial instruments are effectively held, if applicable (xv):

Proxy Voting:

10. Name of the proxy holder:

BNP Paribas / BNP Paribas Securities Nominees Ltd. a/c LCAM

11. Number of voting rights proxy holder will cease to hold:

n/a

12. Date on which proxy holder will cease to hold voting rights:

n/a

13. Additional information:

14. Contact name:

David Bashford

15. Contact telephone number:

020 7396 3283

- ENDS -

Enquiries

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