



For Immediate Release: Tuesday, August 7, 2007

HERITAGE OIL TO RESUME BLOCK 3A OPERATIONS IN UGANDA

Calgary, Alberta, August 7, 2007 – Heritage Oil Corporation (TSX: HOC) today announced that its operations at Block 3A, Uganda are to resume imminently. Heritage continues to maintain personnel at its bases in Blocks 3A and 1 and the timing of the drilling of the Kingfisher-2 well, which is anticipated to spud towards the end of the year, has not been affected. Seismic operations in Block 1 have continued uninterrupted.

Over the last three days Heritage has had a series of meetings with officials of the Government of Uganda who have been extremely supportive and have guaranteed the safety of all personnel and the security of the Company's operations. The Ministry of Energy and Mineral Development of Uganda issued a press release on August 5, 2007, which included the following statements:

“The Government of Uganda fully supports the continued efforts of Heritage Oil & Gas and Tullow Oil plc in the exploration and development of oil in the Lake Albert region. The oil companies and the Government are working together to fast-track development of the oil industry through a phased development, commencing with the Early Production Scheme in mid-2009.”

“We consider the unfortunate security incident on Lake Albert on August 3 an isolated event, and shall provide whatever assistance we can to guarantee the safety of the oil companies and our personnel, to ensure no delays occur to the work programs.”

Heritage intends to continue to fast-track exploration and appraisal work programs in Blocks 3A and 1 in Uganda.

Heritage is an international oil and gas corporation with a diversified portfolio of properties, including a producing property in the Sultanate of Oman, a development property in Russia and exploration projects in the Republic of Uganda and the Democratic Republic of Congo. The Company is also pursuing opportunities in the Kurdistan region of Iraq and in other areas of Iraq.

The Company's Common Shares trade on the Toronto Stock Exchange under the symbol HOC.

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FORWARD-LOOKING STATEMENTS:

Except for statements of historical fact, all statements in this news release – including, without limitation, statements regarding production estimates and future plans and objectives of Heritage – are forward-looking statements that involve various risks and uncertainties. There can be no assurance that such statements will prove to be accurate; actual results and future events could differ materially from those anticipated in such statements. Factors that could cause actual results to differ materially from anticipated results include risks and uncertainties such as: risks relating to estimates of reserves and recoveries; production and operating cost assumptions; development risks and costs; the risk of commodity price fluctuations; political and regulatory risks; and other risks and uncertainties as disclosed under the heading "Risk Factors" in its AIF and elsewhere in Heritage documents filed from time-to-time with the Toronto Stock Exchange and other regulatory authorities. Further, any forward-looking statement is made only as of a certain date and the Company undertakes no obligation to update any forward-looking statement or statements to reflect events or circumstances after the date on which such statement is made or reflect the occurrence of unanticipated events, except as may be required by applicable securities laws. New factors emerge from time to time, and it is not possible for management of the Company to predict all of these factors and to assess in advance the impact of each such factor on the Company's business or the extent to which any factor, or combination of factors, may cause actual results to differ materially from those contained in any forward-looking statement.